



# Small Groups

CONNECT • BELONG • GROW

**GUEST SPEAKER  
JOHNNIE MOORE**

**Leaders:** Due to having a guest speaker, *there are no Sermon Notes this week.*  
Please use the space below for your personal notes



2. Read Luke 10:38-42. How do Jesus' words to Martha give perspective on the priority of work?

3. Read Exodus 20:8-11, Exodus 31:16-17, and Deuteronomy 5:15. How important is sabbath rest? For each scripture, how is this demonstrated?

### **Applying the Message**

1. On a scale from 1-10, (1=Terrible, and 10=Awesome), how are you at resting with purpose? Why? What do you need to work on?

2. The word sabbatical is derived directly from the word sabbath - it is an extended rest from one's ministry. The purpose is traditionally to study or travel as part of making one better at their occupation, not just to take a long vacation. What are you involved in that will soon take an extended break until the fall season? How can the time between now and then serve as a sabbatical?

3. How can you incorporate more rest and sabbath into your work - your occupation, your ministry, or anything else you put your effort into? How would this improve the effort you give?